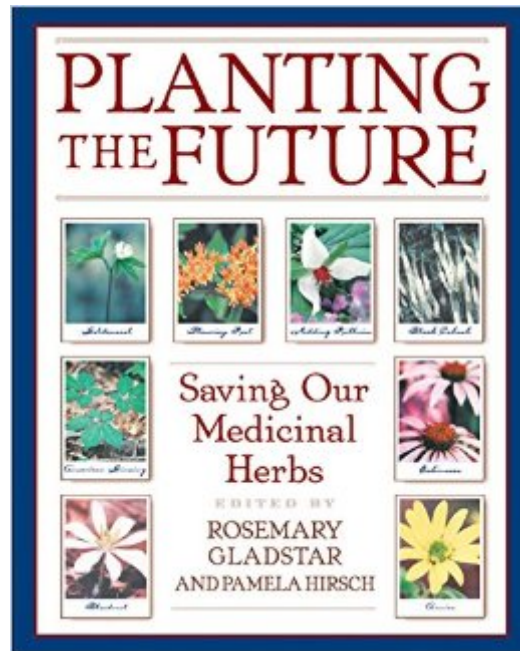


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# Planting The Future: Saving Our Medicinal Herbs



## Synopsis

Voted one of the Top 10 books in 2000 by the Vermont Book Publishers Association. A collective endeavor by United Plant Savers, featuring America's most respected and well-known herbalists. Contributors include Don Babineau, Tim Blakley, Mark Blumenthal, Jane Bothwell, Stephen Harrod Buhner, David Bunting, Richo Cech, Tane Datta, Shatoiya and Rick de la Tour, Ryan Drum, Doug Elliott, Steven Foster, Cascade Anderson Geller, Kate Gilday, Rosemary Gladstar, James Green, Pamela Hirsch, Christopher Hobbs, Sara Katz, Kathi Keville, Robyn Klein, Richard Liebmann, Brigitte Mars, Pam Montgomery, Nancy and Michael Phillips, Janice J. Schofield, Joanne Marie Snow, Deb Soule, Paul Strauss, Gregory L. Tilford, Krista Thie, Susun S. Weed, David Winston, Martin Wall, Matthew Wood. While the renaissance in the U.S. botanical market is positive in many respects, medicinal plant populations are suffering from loss of habitat and overharvesting, and many bestselling herbs are now at risk including echinacea, American ginseng, goldenseal, Hawaiian wild kava, and wild yam. The authors share their extensive experience with using and growing thirty-three of these popular herbs and include suggestions for creating your own private herbal sanctuary--whether a city balcony, suburban backyard, or rural retreat. Full-color photographs will inspire experienced and novice herb users alike to protect and cultivate these remarkable healing plants. Readers will also find out how to use herbal analogues for at-risk plants--other medicinal herbs that provide the same benefits and exist in plentiful amounts--and learn ways to make their herbal purchases a vote for sustainability. Planting the Future shows us how we can participate in the land stewardship, habitat protection, and eco-friendly consumption that will ensure an abundant, renewable supply of medicinal plants for future generations. All author royalties will be used for replanting native medicinal herbs on a 370-acre botanical sanctuary in Ohio.

## Book Information

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## Customer Reviews

Planting the Future provides both motivation and instruction for saving medicinal plants. The public's growing realization of the healing potential of plants is positive, but over-harvesting has led to a decline in native stands of many plants. Rosemary Gladstar has gathered a stellar team of writers to address the issue. The index reads like a who's-who of the herbal world. More than 30 plants are addressed in individual articles written by herbalists who know and love them. A grower of any size can use the information, the backyard up to a large sanctuary. A gardener can find the plants best suited their area, as well as how to propagate and care for them. Once grown, there is information about the preparation and use of the plants. My own tiny urban medicinal garden is part of the effort to save valuable plants thanks to guidance from these leaders. Herbalists, native plant enthusiasts and conservationists will all find value in this book.

Planting The Future provides a different focus on the botanical market, featuring works by the herbalists of United plant Savers and discussing strategies to save and preserve medicinal herbs. Chapters provide an A-Z listing of herbs and their history, uses and propagation.

On vacation this spring we found a "Dears head Orchid". Rare! I wanted to know so much more about the tiny plant. I have several houseplants that are slippers. No greenhouse, need the best care information. Grand-mother told me that Lady slippers carpeted the forest floor when she was young. This is the first for me and couldn't believe my eyes! It doesn't grow below 5500 feet. Just the leaf lays under the snow, all winter. The probability of seeing this was once in a life time! Thank You1

This was one of the books I had to read for my herbal studies... beautifully written... really great topics covered... lots of top notch info... I will definately re-read this book a few times... I learned so much and felt so connected to the writers/herbalists and the herbs. Learned some cool stuff about some of the herbs that I never knew either... great for the book collection of every herbalist.

This book is a compilation of chapters by many different authors with plant conservation as the main

theme. Each author gives excellent information, with many great suggestions and resources for further study. It thoroughly examines the subject of excessive wild-harvesting to the point of endangerment of many species that were once quite common. This book gives thoughtful and interesting advice on how to be good stewards of the Earth and to help these plants prosper.

this book is very helpful in teaching you the ways to grow plants that are helpful in herbal medicines. I can't wait to put it to use.

I really enjoyed this book. Am looking forward to starting my own medicinal herb garden.

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